

CLINICAL PROFILE

Adrienne Sund, PT, DPT

Years of Clinical Experience: 8



Adrienne Sund is a valued member of the clinical team who has noteworthy success in the rehabilitation of a diverse array of orthopedic diagnoses, many of which are complex in nature. Her expertise includes participating in an interdisciplinary approach to treatment, by working directly with referring physicians, in order to provide comprehensive patient care for both non-operative and post-operative patients. Adrienne is proficient in the evaluation and treatment of each patient and is highly-skilled in creating individualized plans that strengthen, heal and restore. Her focus on clinical excellence is evidenced with each patient encounter.

Education and Certifications

- **Doctor of Physical Therapy**
Temple University - 2013
- **Bachelor of Arts - Psychology**
Temple University - 2009
- **Continuing Education** – Blood Flow Restriction Training; Kinesiology Taping, Cupping, and Soft Tissue Mobilization Techniques; Philadelphia Sports Medicine Conference



Adrienne's Vision...My primary vision as a physical therapist is to evaluate and treat each patient utilizing an individualized approach to address the specific problems, needs, and wants of each person in order to maximize their therapy potential and end result.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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