

CLINICAL PROFILE

Amanda Sze, PT, DPT



Amanda Sze has a passion for her profession that encompasses every aspect of her treatment style. From the moment a patient walks in the door Amanda is fully engaged in making their rehabilitation an exceptional experience. Her background includes treating a myriad of orthopedic injuries with notable success in the rehabilitation of shoulder injuries, Achilles tendon repair and general conditioning. Amanda is patient-focused and eager to build on and share her clinical knowledge with her patients as well as to provide them with the power and confidence to live happier and healthier lives. Her competence and enthusiasm is evidenced each day in the one-on-one compassionate care she provides to each patient utilizing her education and clinical skills.

Education and Certifications

- **Doctor of Physical Therapy**
Rutgers University - 2020
- **Bachelor of Science – Exercise Science**
Rutgers University - 2016
- **Continuing Education** – Advanced Dynamic Anatomy – Bridging the Gap Between Anatomy and Treatment; Professionalism in Practice – Examining Common Ethical Challenges; Vestibular Examination – Oculomotor Training



Amanda's Vision... My personal vision as a physical therapist is to not only treat symptoms but change the lifestyle of patients to provide long lasting results that help them to get back to the life that they desire.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- MACI Trained
- Blood Flow Restriction
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assisted Device Training

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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