

CLINICAL PROFILE

Kourtney Kane, PTA

Welcoming Kourtney Kane



Kourtney Kane is a welcomed new member of the clinical team who works side-by-side with other professionals to create a standard of care above and beyond traditional practice. With every encounter, Kourtney seeks to ensure that each patient has an exceptional rehabilitation experience. Her special interests include the treatment of hip and knee replacements. Kourtney believes that movement is medicine and she is passionate about helping to reveal the true capabilities of each person and assist them to overcome discouragement and live their most optimum life. She is committed to expanding her knowledge and expertise, developing new skills and furthering the ability to meet the needs of all patients through continuing education.

Education and Certifications

- **Associate in Applied Science**
Mercer County Community College - 2019
- **Continuing Education** – Reiki I & II for the PT/PTA; Therapeutic Exercise and Manual Therapy; Evidence-Based Rehabilitation Strategies for Joint Replacement; Thoracic Spine Function for Upper Extremity Function



Kourtney's Vision...It is my hope that the physical therapy profession continues to expand, and becomes more accessible to everyone. There are countless diseases and disorders that would benefit immensely from "movement" therapy.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- MACI Trained
- Blood Flow Restriction
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

1079 Whitehorse Mercerville Road
Hamilton Township, NJ 08610

Office: 609-528-3719

Fax: 609-581-8624

KoEKane@novacare.com