

## CLINICAL PROFILE

## Nathan Krieger, PT, DPT

### Years of Clinical Experience: 5



**Nathan Krieger** is skilled in treating patients with a wide array of pre and post-operative orthopedic conditions. He has notable success in the rehabilitation of post-op rotator cuff, labral tear/repair, and impingement of the shoulder, meniscus repairs, as well as ACL and other ligament reconstruction. He is likewise proficient in the treatment of general knee osteoarthritis, plantar fasciitis, and foot tendinitis including Achilles, PTT, peroneal. He is an expert in manual techniques including STM and IASTM, taping, desensitization, PROM, and joint mobilization. A dedicated professional, Nathan loves assisting patients return to sports and athletic activities as well as challenging older patients to return to full function and the independence they may not have thought possible. Nathan believes that each patient deserves the best care he can provide and he delivers just that with expert and focused attention which ensures his patient's recuperation and return to activity.

### Education and Certifications

- **Doctor of Physical Therapy**  
*University of the Sciences - 2017*
- **Bachelor of Science – Exercise Science**  
*Cabrini College - 2013*
- **Continuing Education** – Treatment of the Complicated Foot; Running Related Injury – Getting the Runner Back on the Road; Rotator Cuff Lesions – Conservative and Post-Operative Treatment; Body Meets Brain – Applying Neurophysiology to Orthopedic Rehabilitation

**Nathan's Vision...** My vision is to help every patient that comes to me for treatment, which consists of improvement through exercises as well as education and guidance. I see myself as an orthopedic non-op and post-op specialist. I truly try to connect with all my patients and show a high level of consistency, reliability, compassion and professionalism.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

### Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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