

## CLINICAL PROFILE

**Noelle H. Iordache, PT, MSPT**

**Years of Clinical Experience: 29+**



**Noelle Iordache** is a clinical veteran with more than 29 years of exceptional patient care to her credit. She is an expert in the field of outpatient rehabilitation orthopedics and is proficient in the treatment of total joint arthroplasties, rotator cuff strains and sprains, knee and hip reconstruction, spinal disorders and fractures. At the forefront of her practice, Noelle is fully engaged in making her patients rehabilitation an exceptional experience with compassion, empathy and expertise. She is committed to providing every patient with the superior clinical care they deserve and being the kind of therapist you would recommend to your family and friends.

### Education and Certifications

- **Master of Science - Physical Therapy**  
*Boston University - 1993*
- **Bachelor of Science - Biology**  
*The College of New Jersey - 1991*
- **Continuing Education – Clinical Update**  
Management of Lumbopelvic Spine Disorders; Sports Medicine Symposium; Everybody Squats; Movement System Impairments Syndromes of the Lumbar Spine



**Noelle's Vision...**One of the most rewarding things in life is to use my knowledge and skills to help patients reach their goals. I use a multi-faceted approach and evidence-based treatments to ensure my patients reach their maximum potential.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Trained in the Utilization of McKenzie Techniques
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

### Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

4301 US Highway 1

Suite 300

Monmouth Junction, NJ 08852

**Office: 732-230-1510**

**Fax: 609-734-4707**

[niordache@novacare.com](mailto:niordache@novacare.com)