

CLINICAL PROFILE

Rebecca McKenna, PT, DPT

Years of Clinical Experience: 17



Rebecca McKenna is proficient in the treatment of patients with orthopedic conditions both non-surgical and surgical, as well as those having vestibular diagnoses and balance disorders. With a compassionate and attentive touch, Rebecca is devoted to the highest level of patient care as she works side-by-side with each individual to achieve their rehabilitation goals. Her greatest reward comes with the successful discharge of each patient, knowing they are returning to the activities they love.

Education and Certifications

- **Doctor of Physical Therapy**
Stockton University - 2009
- **Master's of Physical Therapy**
Stockton University - 2005
- **Certified Kinesio Taping Practitioner - 2016**
- **Certified – Instrument Assisted Soft Tissue Mobilization - 2013**
- **Continuing Education** – Foot & Ankle in the Adolescent Athlete; ACSM Guidelines for Exercise for Special Populations; The Function Anatomy Series – Quadratus Lumborum; Management & Treatment of Concussions



Rebecca's Vision...My personal vision is to treat each patient with compassion and kindness. I work with each patient to develop a personalized treatment plan, and utilize my clinical skills to help them achieve their goals and maximize their functional independence.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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