

CLINICAL PROFILE

Shane Famille, DPT, ATC

Total Clinical Experience: 14 years



Shane Famille was employed on the college level providing exceptional care to athletes on the sidelines and clinic, as a certified athletic trainer, before deciding to become a physical therapist. His background includes working with athletes at Cumberland County College as well as various other schools and universities such as Rowan and Rutgers. Shane has also provided athletic training services for professional organizations including the AC Surf and the Camden River Sharks. With his outstanding athletic and orthopedic background, coupled with experience in the home care setting, Shane has notable success in treating a wide variety of patients and conditions. This level of expertise has greatly contributed to a successful healing process for his patients.

Education and Certifications

- **Doctor of Physical Therapy**
Neumann University - 2009
- **Bachelor of Science – Health & Exercise Science**
Rowan University – 2004 – NATABOC Certified Athletic Trainer



Shane's Vision... I consider myself an educator first and foremost. I have always enjoyed educating individuals on the proper techniques and activities needed to fulfill a long and healthy life. I pride myself in providing unique hands-on, individualized care with positive patient outcomes.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries/Return to Play
- ACL Program
- Gait Training/Crutch Training/Balance Training
- Trained in the Utilization of McKenzie Technique
- Rotator Cuff Repair Protocol
- Negative Pressure Soft Tissue Mobilization (Cupping)
- Myofascial Release
- Total Joint Replacement Rehabilitation
- Blood Flow Restriction Training
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Pre/Post-Operative Care
- Kinesiotherapy Taping

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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