

CLINICAL PROFILE

Marielle Austin, PT, DPT



Marielle Austin is a dedicated professional whose goal is to provide a compassionate and informative environment for her patients to best collaborate with them in reaching their rehabilitation goals. Marielle is skilled in the evaluation and treatment of knee and hip replacement, rotator cuff tear and frozen shoulder, gait and balance dysfunction, ankle sprain, Achilles repair, osteoarthritis of hip, knee and shoulder, low back pain and cervical and lumbar radiculopathy. On a daily basis, Marielle's hallmark is compassionate and comprehensive patient care implementing evidence-based protocol to assure effective and timely treatment plans for each of her patients.

Education and Certifications

- **Doctor of Physical Therapy**
Rutgers University - 2021
- **Bachelor of Science – Health & Exercise Science**
The College of New Jersey - 2015
- **Continuing Education** – Evidence-Based Examination of the Cervical Spine; Evidence-Based Treatment of the Cervical Spine; IASTM – An Introduction to the Spine; Evaluation and Treatment of the Frozen Shoulder

Marielle's Vision... My vision as a physical therapist is to help patients learn to optimize movement to allow for the fullest enjoyment of their lives and desired physical activities. As a lifelong New Jersey resident, I am eager to serve my local community through my skilled treatments and comprehensive patient education.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- MACI Trained
- Blood Flow Restriction
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assisted Device Training

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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