

CLINICAL PROFILE

Jenna Hiryak, PT, DPT



Jenna Hiryak is a valued member of the clinical team who creates a standard of care above and beyond traditional practice. She is skilled in treating vestibular, musculoskeletal, and post-operative conditions of all areas of the body. Jenna enjoys establishing a creative, personalized session to challenge each patient functionally and to create an environment where everyone feels supported, comfortable, and leaves with a smile. Jenna is passionate about her profession and believes in active listening to ensure every patient is heard, cared for, and appropriately motivated to achieve their personal goals.

Education and Certifications

- **Doctor of Physical Therapy**
Misericordia University - 2021
- **Bachelor of Science – Healthcare Management**
Misericordia University - 2018
- **Continuing Education** – Evaluation and Treatment of the Individual with Achilles Tendinopathy and Plantar Fasciopathy; Evaluation and Treatment of the Individual with Patellofemoral Pain and Iliotibial Band Pain; Blood Flow Restriction Training in Rehabilitation; Multi-Disciplinary Management of Hip Labral Pathologies



Jenna's Vision...My personal vision as a physical therapist is to be a leader in education to all individuals with musculoskeletal injuries, both in prevention and rehabilitation in order to promote healthier lifestyles and a greater quality of life.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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