

## CLINICAL PROFILE Janet Celentana, MSPT, Center Manager



**Janet Celentana** is a dedicated professional with a passion for excellence in patient care. She provides individually tailored treatment plans with attention to manual therapy and the ultimate goal of improving biomechanics, decreasing pain and improving movement. Utilizing the whole body approach whenever possible, Janet is an expert at identifying the best exercises to help each of her patients achieve their goals and return them to their favorite activities. Janet specializes in the comprehensive evaluation and treatment of the spine, shoulder and knee.

### Education and Certifications

- **Master of Science – Physical Therapy**  
*University of Kentucky - 1999*
- **Bachelor of Science – Exercise Science**  
*Miami University – 1996*
- **McKenzie Technique Certified**
- **Continuing Education** – Diploma Candidate in Mechanical Diagnosis and Therapy -The McKenzie Method; Credentialed in Mechanical Diagnosis and Therapy-The McKenzie Method; Sports Medicine Symposium; Pelvic Floor I – Herman and Wallace

**Janet's Vision...**My personal vision is to empower my patients to return to their best selves. I believe in giving each person realistic and effective tools to use every day as they work to achieve their goals quickly and return to what they love.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- McKenzie Technique Certified
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability

**Rothman Orthopaedic Institute**  
Managed by NovaCare Rehabilitation  
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