# Clinician Profile



The Power of Physical Therapy™

## Dorothy Lehr, DPT, OCS, Cert. MDT, Market Manager



Dorothy Lehr is the center manager of NovaCare's Burlington clinic and has recently been promoted to market manager supervising several area clinics. With more than 17 years of exceptional patient care to her credit, Dot is an accomplished clinician with a focus on orthopedics. Her true expertise is realized in sports rehabilitation and performance training where she successfully treats cervical/lumbar and shoulder pathologies, brachial plexopathy, and a myriad of other injuries and conditions. Dorothy's hallmark is fully engaged patient care centering on patient education about ergonomics and proper body mechanics to avoid re-injury.

#### **Education and Certifications**

- Doctor of Physical Therapy 2008 Richard Stockton College
- Master's Degree 2005 Richard Stockton College
- ReVital Cancer Rehabilitation Specialist
- Orthopedic Certified Specialist
- McKenzie Trained
- Lecturer/Mentor
- Certified in Instrumented Assisted Soft Tissue Mobilization (IASTM)



Dorothy's Vision...Education is the key to a successful recovery; whether it is educating the patient on prevention, surgical protocols, disease process or reviewing the latest treatment techniques. I take pride in ensuring active participation of the patient in their own recovery with motivation and encouragement every step of the way in the rehabilitative process.

### **Services Offered**

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Low Back Rehabilitation
- ReVital Cancer Rehabilitation Program
- Sports Injuries
- Concussion Rehabilitation
- Vestibular Rehabilitation
- TMJ/TMD
- Negative Pressure Soft Tissue Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)

#### **NovaCare Rehabilitation**

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