



ROTHMAN
ORTHOPAEDICS

HAND THERAPIST

Emilia Pollnow, MS OTR/L, CHT



VISION

Emilia is dedicated to fostering a collaborative approach to patient care, working closely with patients, therapists, and physicians to ensure a comprehensive treatment plan. She is committed to developing individualized rehabilitation strategies that are grounded in the latest research and evidence-based practices, ensuring both effective and meaningful outcomes for each patient.

EDUCATION

- *Master of Science of Occupational Therapy* Philadelphia University (Thomas Jefferson University East Falls Campus)

POPULATIONS TREATED

Emilia specializes in treating individuals from youth to the elderly with upper extremity conditions: including trauma, wound care, post-surgical rehabilitation, patient education, ergonomics, orthosis fabrication, and facilitating return-to-sport strategies. She is dedicated to providing comprehensive care to help patients recover and achieve their functional goals.

ACCOMPLISHMENTS

- 2013 Evelyn J Mackin Fellowship
- 2019 Certified Hand Therapist Certification
- 2020 TJU East Falls OTA Fieldwork Educator of the Year