



ROTHMAN
ORTHOPAEDICS

HAND THERAPIST

Fatima Adamu-Good, MS, OTR/L, CHT



VISION

Fatima is passionate about upper extremity rehabilitation, clinical education, and inclusive healthcare delivery. She facilitates evidence-based treatment programs to help patients regain function, reduce pain, and return to their daily activities. In addition to her clinical expertise, Fatima is the Founder and Director of the Upper Extremity Lab, an international initiative dedicated to expanding access to hand therapy education and services across North America, Europe, the Middle East, and West Africa.

CERTIFICATIONS

- Certified Hand Therapist

POPULATIONS TREATED

Pediatric and Adult

EDUCATION

- Master of Science, Occupational Therapy, Thomas Jefferson University

APPROACH

Fatima's approach integrates systems theory with culturally responsive care to support both patients and clinicians worldwide. Whether she's mentoring students, leading professional development, or developing injury prevention strategies, Fatima brings deep clinical knowledge and a compassionate, patient-centered approach to every aspect of her work.