



**ROTHMAN**  
ORTHOPAEDICS

## **HAND THERAPIST**

**Jennifer Kitchen, MS, OTR/L, CHT**



### **VISION**

“As a Certified Hand Therapist, my vision is to provide evidence-based, patient-centered care that restores function and improves quality of life. I strive to approach each patient’s intervention plan by integrating the latest clinical research, manual therapy techniques, and compassionate communication. Within the scope of hand and upper extremity rehabilitation, my goal is to equip patients through extensive education and collaborative treatment plans allowing independence and long-term wellness.”

### **EDUCATION**

- Master of Science, Occupational Therapy, Alvernia University

### **POPULATIONS TREATED**

Jen’s special areas of interest include rehabilitating adolescent to adult populations in post-surgical recovery including tendon repairs, fracture management, nerve decompressions, and joint replacements. She also enjoys fabricating splints for post-surgical issues, chronic conditions/arthritis, and daily functional improvement.

### **ACCOMPLISHMENTS**

- Certified Hand Therapist
- Speaker, Philadelphia Hand Symposium 2020, 2021, 2022