The Thomas Jefferson University Sports Medicine Fellowship is accredited by the Accreditation Counsel for Graduate Medical Education (ACGME). The Program has a tradition of clinical and academic excellence and has evolved into one of the premiere sports medicine fellowships in the country, offering a high volume clinical practice emphasizing state of the art athlete care, academic excellence and a faculty truly committed to fellow education.

The Fellowship is associated with the Thomas Jefferson University Hospital, the Lankenau Hospital, Methodist Hospital, Nazareth Hospital, Bucks County Specialty Hospital, Riddle Memorial Hospital and the Rothman Institute located throughout the greater Philadelphia area. The sports medicine division at the Rothman Institute includes clinical, basic science research and clinical research activities. The clinical section is comprised of surgeons with leadership positions in the American Orthopaedic Society for Sports Medicine, the Arthroscopy Association of North America, the American Society of Shoulder and Elbow Surgeons, the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, the Herodicus Sports Medicine Research Society, and the American Academy of Orthopaedic Surgeons. Surgeons from around the world travel to the Rothman Institute to view the latest in sports medicine procedures. Annually our Sports Medicine Division provides over 21,000 athlete evaluations for sports related injuries and performs over 5,000 sports medicine surgical procedures. The basic science research division at Thomas Jefferson is among the top four programs in the United States receiving National Institutes of Health (NIH) funding. The clinical sports medicine research program is unparalleled in productivity. The sports medicine fellow is expected to become an integral part of this truly special team.

This Fellowship is designed to provide the most thorough clinical, surgical, academic and research experience in the prevention, diagnosis and treatment of injuries occurring in the full spectrum of sports. Graduates of the program are prepared and posed to flourish in clinical practice, rise to prominence academically, and become thought leaders in the field of sports medicine.

We hope that you visit us to see all that we have to offer for your career and as colleagues.

Sincerely,

Michael G. Ciccotti, M.D.
Professor, Orthopaedic Surgery
Chief, Division of Sports Medicine
Director, Sports Medicine Fellowship Program
Thomas Jefferson University Hospital
Rothman Institute
The Thomas Jefferson University Sports Medicine Fellowship Program is based at the Rothman Institute located in Philadelphia Center City as well as at Lankenau Hospital, Methodist Hospital, Nazareth Hospital, Bucks County Specialty Hospital and Riddle Memorial Hospital in the Greater Philadelphia suburban region. The fellows work with fellowship trained sports medicine orthopaedic surgeons in addition to fellowship trained primary care sports medicine physicians. This allows for a well-rounded sports medicine educational program. The fellow is involved in the pre-participation screening and in season care of athletes at the professional, collegiate, high school and recreational levels. The fellow participates in the management of these athletes in the clinic, on the athletic field, and in the operating room. The surgical experience includes the full breadth of sports injuries.
Research

The Rothman Institute has a full time research staff and facilities available for the full spectrum of sports medicine research. The basic science section at the Rothman Institute is one of the most heavily funded departments in the nation, routinely among the top four programs receiving NIH funding.

The clinical sports medicine research program is particularly prolific with national prominence at meetings such as the American Orthopaedic Society for Sports Medicine Annual and Specialty Day Meetings, the Arthroscopy Association of North America Annual and Specialty Day Meetings, the American Shoulder and Elbow Society Annual and Specialty Day Meetings, the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine Biennial Congress, the Herodicus Sports Medicine Research Annual Meeting, and the American Academy of Orthopaedic Surgeons Annual Meeting.

The sports medicine fellows are required to produce high quality research, advancing the science of sports medicine, and present that work at regional, national and international meetings. Monthly research meetings are held with the clinical and research staff to facilitate the research process. The fellows have one half day per week protected in order to meet these research goals. Ample additional time is available for all sports medicine research endeavors. The fellow is expected to present at sports medicine conferences which are attended by physicians, fellows, residents and medical students.
Experience

The sports medicine fellow will gain clinical experience with the full spectrum of arthroscopic and open procedures for sports injuries.

**Knee**
- Meniscal Surgery
- Patellofemoral Surgery
- ACL, PCL, MCL, LCL Reconstruction and Repair
- Multiple Ligament Surgery
- Dislocated Knee Surgery
- Articular Cartilage Surgery

**Hip**
- Femoral Acetabular Impingement Surgery (FAI)
- Labral Repair/Debridement
- Loose Body Removal
- Proximal Hamstring and Adductor Repair
- Sports Hernia Repair

**Shoulder**
- Rotator Cuff Repair (arthroscopic/mini open/open)
- Anterior Labral Repair
- Superior Labral Repair
- Posterior Labral Repair
- Shoulder Instability Reconstruction (arthroscopic/open)
- Acromioclavicular Joint Reconstruction (arthroscopic/open)
- Biceps Tendon Surgery (arthroscopic/open)
- Articular Cartilage Surgery

**Foot and Ankle**
- Medial and Lateral Ligament Repair
- Achilles Tendon Repair
- Exertion Compartment Syndrome Release
- Arthroscopy for Loose Bodies and Spurs

**General**
- Concussion Management
- Women’s Sports Injuries
- Throwing Overhead Sports Injury
- Running, Pivoting, Jumping Sports Injury
- Performing Art/Dancing
- Platelet Rich Plasma Therapy
- Cardiopulmonary Exercise Testing
- Sports Performance Enhancement
Community

Philadelphia is a city where old meets new – some of the country’s most sacred historic landmarks stand side-by-side with modern shopping, theaters, restaurants, and championship sports teams.

The city is an ideal location to live, work, and play. Philadelphia is affordable, safe, and has first class schools. It is in close proximity to other major northeastern cities, mountains, and beaches.

Philadelphia has it all to help you achieve the ideal balance between work and play. For more information, visit www.phila.gov.
Team Coverage

**Professional**
- Philadelphia Phillies Baseball
- Philadelphia Eagles Football
- Philadelphia Flyers Hockey
- Philadelphia 76ers Basketball
- Philadelphia Soul Arena Football

**Collegiate**
- St. Joseph’s University
- Cheyney State University
- Neuman College
- Immaculata College
- NCAA Men’s and Women’s Regional and National Championships

**Olympic**
- US Women’s Gymnastics Team
- US Wrestling Team

**High School**
- 40 Philadelphia Regional Public and Private High Schools

**Mass Events**
- Philadelphia Marathon
- Philadelphia Distance Run
- US Pro Cycling Race
- X-Games
Recognition

The members of the Sports Medicine Fellowship have presented extensively regionally, nationally and internationally on the full spectrum of sports medicine research. In addition they have authored numerous textbooks, original peer-reviewed papers, and electronic media. They have received numerous honors and recognition for their work:

Board of Directors, American Orthopaedic Society for Sports Medicine

Educational Council Chairman, American Orthopaedic Society for Sports Medicine

Education Committee Chairman, American Orthopaedic Society for Sports Medicine

Education & Industry Committee, American Orthopaedic Society for Sports Medicine

Upper Extremity Committee, ISAKOS

Program Chairman, Major League Baseball Team Physicians Association

Vice President, Major League Baseball Team Physicians Association

President, Major League Baseball Team Physicians Association

Executive Committee, National Hockey League Team Physicians Association

Sports Medicine Traveling Fellowship, American Orthopaedic Society for Sports Medicine

Examination Committee, American Subspecialty Certification, American Board of Orthopaedic Surgery

Neer Finalist, American Shoulder and Elbow Society

Distinguished Audiovisual Award Finalist, American Academy of Orthopaedic Surgeons

Outstanding Research Award, Philadelphia Orthopaedic Society for Sports Medicine

Top Doctors in America

America’s Top Orthopaedists

Best Doctors in America

Top Doctors in Philadelphia
Faculty

**Michael G. Ciccotti, M.D.** - Dr. Ciccotti, Director of the Sports Medicine Team at the Rothman Institute, is internationally recognized for his work in sports medicine. He is a Professor of Orthopaedic Surgery, Chief of Sports Medicine, and Director of the Sports Medicine Fellowship at Thomas Jefferson University. He serves as Head Team Physician for the Philadelphia Phillies and St. Joseph’s University. He is board certified in Orthopaedic Surgery and has served on the Board of Directors for the major Sports Medicine Societies in the world. He has authored numerous articles, research, and textbooks and has lectured extensively nationally and internationally on sports medicine. He has been consistently recognized as one of the “Top Sports Doctors” regionally and nationally.

**Robert W. Frederick, M.D.** - Dr Frederick is the Associate Director of Sports Medicine at The Rothman Institute, and an Assistant Professor of Orthopaedic Surgery at Thomas Jefferson University. Previously he was Director of Sports Medicine at Emory University in Atlanta. During the 1996 Atlanta Olympic Games, he was the Director of Athlete Care for Gymnastics and also provided medical care for the Track and Field events and Marathon. In the 2004 Olympics, he served as a member of the US Olympic Medical Team caring for Mens and Womens Gymnastics, Womens Softball, Weight Lifting and Judo. His present affiliations include Assistant Team Physician for the Philadelphia Phillies, Saint Josephs University, and the Philadelphia Flyers.

**Paul A. Marchetto, M.D.** - Dr. Marchetto is an associate professor of orthopedic surgery at Thomas Jefferson University. He is the team orthopedic surgeon for the Philadelphia Eagles and has served as the assistant team orthopedic surgeon for the Philadelphia Flyers and Phantoms. He has also served as the head team physician for Drexel University and Rutgers University, Camden. Previously he was the director of sports medicine at Hahnemann University. He is board certified in orthopedic surgery and completed a sports medicine fellowship at Temple University Hospital. He has co-authored numerous articles and research papers on sports medicine. He has lectured nationally and internationally. He is very active in the education of physicians, medical students, athletic trainers and physical therapists. He specializes in arthroscopic surgery of the knee and shoulder.
**Matthew D. Pepe, M.D.** - Dr. Matthew Pépe is a board certified Orthopaedic Surgeon who specializes in Sports Medicine, shoulder, knee, and elbow reconstruction. He completed his fellowship in Sports Medicine and Shoulder surgery at the University of Pittsburgh. His residency in Orthopaedic Surgery was at the University of Pennsylvania. Dr. Pepe is an Assistant Professor of Orthopaedic Surgery at Thomas Jefferson University Hospital and is on staff at Virtua Voorhees and Atlanticare Regional Medical Center. Dr. Pepe is Team Orthopaedic Surgeon for the Philadelphia Eagles, Stockton College, and St. Augustine Prep. He is active in clinical research and has authored numerous peer review articles and book chapters.

**Peter F. DeLuca, M.D.** - Dr. DeLuca is an accomplished orthopaedic surgeon and sports medicine specialist. He is the Head Team Physician for the Philadelphia Eagles and Head Orthopaedic Surgeon for the Philadelphia Flyers. He has dedicated his career to treating athletes of all ages. His expertise is in ACL reconstruction, shoulder labral repair and other advanced arthroscopic procedures of the shoulder and knee. Dr. DeLuca has served in the past as team physician for the Philadelphia Phantoms, Camden Riversharks, Philadelphia Kixx and Philadelphia Rage. He was selected to serve as Head Team Physician for the NFC in the Pro Bowl in 2003, 2004 and 2009 and recently led an Eagles medical staff that received an award for the Best Medical Staff in the NFL for 2010.

**Steven B. Cohen, M.D.** - Dr. Cohen is a board certified sports medicine surgeon. He serves as a team physician to the Philadelphia Phillies and St. Joseph’s University. He also serves as an orthopedic consultant for Immaculata University and Neumann University. He is the medical director for the Philadelphia Marathon. He has also done work with the Pittsburgh Steelers, Pittsburgh Penguins, and the University of Pittsburgh athletic program. He is the director of sports medicine research and has published and presented research extensively both nationally and internationally. He has been an editor of 8 sports medicine books. In 2009 he was named as a "rising star" by Philadelphia Magazine. Dr. Cohen is a native of Cherry Hill, NJ where he was a member of the top 5 nationally ranked, state championship Cherry Hill West baseball team and continued on to play collegiate baseball at Columbia University.
Bradford S. Tucker, M.D. - Bradford Schofield Tucker, M.D. is double board certified by the American Board of Orthopaedic Surgery in orthopaedic sports medicine and general orthopaedic surgery. Dr. Tucker is assistant team orthopaedic surgeon for the Philadelphia Phillies, team orthopaedic surgeon for The Richard Stockton College of New Jersey in Pomona, N.J., and Absegami High School in Galloway Township, N.J. His clinical interests include the injured athlete, shoulder instability, rotator cuff tears, knee ligament reconstruction including the ACL, and cartilage restoration procedures. Dr. Tucker is on faculty at Thomas Jefferson University and Stockton College, and is involved in evidence based, peer reviewed orthopaedic research, with multiple publications and book chapters to his credit.

Christopher C. Dodson, M.D. - Dr. Dodson is a board certified Sports Medicine surgeon. He is an assistant professor of orthopaedic surgery at Thomas Jefferson University and specializes in sports related injuries of the shoulder, elbow and knee. His clinical interests include shoulder instability, ACL reconstruction, rotator cuff tears, and elbow injuries in overhead athletes. He serves as an assistant team physician for the Philadelphia Eagles and the Philadelphia Flyers and as an orthopaedic consultant for the Los Angeles Dodgers and the Pittsburgh Pirates.

John P. Salvo, M.D. - Dr. Salvo is double board certified in orthopaedic surgery and sports medicine by the American Board of Orthopaedic Surgeons. Dr Salvo is a Clinical Associate Professor of Orthopaedic Surgery at Thomas Jefferson University Hospital. He specializes in knee ligament (ACL) reconstructions, shoulder instability, and rotator cuff repairs. He also has extensive experience in arthroscopic procedures of the hip. Dr. Salvo is one of the region’s leaders in hip arthroscopy, especially in athletes. He is an active member of several subspecialty societies, including AANA and AOSSM. Dr Salvo sees patients in the Marlton, NJ and Sewell, NJ offices.
Fotios P. Tjoumakaris, M.D. - Dr. Tjoumakaris is board certified in orthopaedic surgery and holds a certificate of added qualification in sports medicine. He is an Assistant Professor of Orthopaedic Surgery at Jefferson Medical College. Dr. Tjoumakaris specializes in all areas of sports medicine, including knee and shoulder surgery (both arthroscopic and reconstructive procedures). He has authored numerous peer reviewed articles and book chapters within the field of sports medicine and writes questions for the American Board of Orthopaedic Surgery. He has spoken both nationally and internationally on his research and provides quality orthopaedic care for athletes and non-athletes alike.

Sommer Hammoud, M.D. - Dr. Sommer Hammoud is an assistant professor of orthopaedic surgery at Thomas Jefferson University and specializes in sports related injuries of the knee, shoulder and elbow. She completed her residency at the Hospital for Special Surgery. Dr. Hammoud's fellowship in sports medicine was completed in the Harvard program at Massachusetts General Hospital. During her fellowship, she served as an assistant team physician in the care of the Boston Red Sox, New England Revolution, and Boston Bruins and served as the head team physician for Curry College athletics. Her clinical interests include anterior cruciate ligament (ACL) reconstructions, multi-ligament knee injuries, knee meniscus tears, shoulder instability and labral tears, as well as rotator cuff repair. Dr. Hammoud has a special interest in sports-related injuries of the female athlete.
Contact

Applicants can obtain further information on the Thomas Jefferson University/Rothman Institute Sports Medicine Fellowship through

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