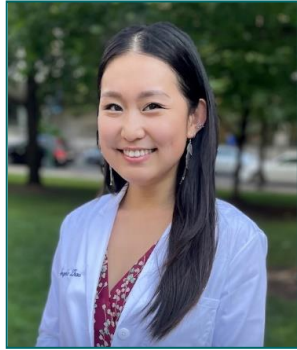


CLINICAL PROFILE

Angela Zhao, PT, DPT



Angelo Zhao is a dedicated professional whose goal is to provide a compassionate and informative environment for her patients to best collaborate with them in reaching their rehabilitation goals. She has notable success in the treatment of total shoulder, back, knee and hip rehabilitation both pre- and post-surgical, spinal injuries, stroke, osteoarthritis, and balance/ambulation deficits. For Angela, it's all about the quality of life, as she is passionate about optimizing movement and function. Working in partnership with each patient she creates innovative programs that challenge, strengthen, and restore. Angela believes that the human body has an amazing ability to overcome trauma, adapt to new challenges and recover from past/recent injuries. She greatly enjoys being an essential part of that rehabilitation journey for all.

Education and Certifications

- **Doctor of Physical Therapy**
Thomas Jefferson University - 2022
- **Bachelor of Science**
Saint Joseph's University - 2020
- **Continuing Education** – Child Abuse Recognition, AHA BLS; The Physical Therapist as a Primary Care Provider for Patients With Low Back Pain; STEADI – Empowering Healthcare Providers to Reduce Fall Risk

Angela's Vision...In addition to treating the diagnosis, I value patients' personal goals and work to address them during the treatment process so that my patients can return to their prior level of activities and continue to do the things they love.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

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