

CLINICAL PROFILE

Anil K. Dham, MPT

Years of Clinical Experience: 21



Anil Dham is an accomplished member of the clinical team with more than 21 years of rehabilitation expertise to his credit. His career began in college with an interest in sports medicine. Previously injuring his back at 18, Anil suffered a herniated disk when he tried to lift more weights at the gym than he should have. It was then that he was exposed to the healing power of physical therapy. Anil's career path was launched. Since then he has taken a keen interest in problem solving various musculoskeletal issues, and becoming proficient in the treatment of biomechanical conditions that can be corrected with the right regimen of stretching and exercise. Anil is likewise skilled in the evaluation and treatment of a wide range of orthopedic injuries and conditions and has an extensive roster of continuing education to his credit, too numerous to list. At the forefront of his practice, Anil is passionate about getting each person back to their pre-injury level of function and is highly-skilled at helping patient achieve their goals.

Education and Certifications

- **Masters of Physical Therapy**
Temple University - 2000
- **Continuing Education** – Evaluation and Treatment of Chronic Cervical Disorders; Basics of Sacroiliac Mobilization; Comprehensive Foot and Ankle; Acute Inpatient Concepts in Total Hip and Knee Arthroplasty – An Evidence Based Approach



Anil's Vision... My personal vision is to treat each individual patient by looking at the whole picture of that person and assessing all the potential areas that might be contributing to their prevailing injury and future injuries that may come about. I like to then create a problem list and chip away at it with them.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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