

## CLINICAL PROFILE

## Brenden Uhl, PT, DPT, OCS, CSCS

### Years of Clinical Experience: 10



**Brenden Uhl** is the lead therapist and valued member of the Bensalem outpatient orthopedic team where he has extensive experience treating a wide array of diagnoses both pre and post-surgical. Brenden is a one-on-one therapist who most enjoys working with patients with shoulder, hip and ankle conditions as well as those who need gait and balance training. With all of his patients he is proficient in overcoming challenges and highly skilled at therapist-patient encounters. At the forefront of his practice, Brenden is fully engaged in making rehabilitation an exceptional experience with compassion, empathy and expertise. He is committed to providing every patient with the superior clinical care they deserve and being the kind of therapist you would recommend to your family and friends.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Temple University - 2011*
- **Bachelor of Science - Biology**  
*Temple University - 2008*
- **Board Certified Orthopedic Clinical Specialist**
- **Certified Strength and Conditioning Specialist**
- **Continuing Education** – Philadelphia Sports Medicine Conference; Blood Flow Restriction – Mechanism, Evidence & Principles of Application; Movement Guided Lower Kinetic Chain Rehabilitation; Medical Screening for Rehabilitation Professionals in an Outpatient Environment



**Brenden's Vision...**As a physical therapist I provide treatment that would be equal to what I expect for my wife, kids and the rest of my family. I want to be known as a reliable source for those I interact with both as a clinician and a co-worker. I strive to help each patient feel as though they received value for their time after each visit.

### Services Offered

- Spinal Rehabilitation
- Hand Therapy
- Functional Movement Screening
- Return to Play Assessment
- Blood Flow Restriction Therapy (BFR)
- Sports Injury
- Work Injury Rehabilitation and Conditioning
- Orthopedic Therapy
- Pre-Operative and Post-Operative Rehabilitation
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Gait and Balance Training

### Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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