

CLINICAL PROFILE

Brian Behlau, MPT



Brian Behlau has excelled in the outpatient orthopedic environment where he has extensive experience treating a wide array of diagnoses both pre and post-surgical including but not limited to spinal sprain/strain, total joint replacements, rotator cuff repairs, and musculoskeletal disorders. He is proficient in many physical therapy techniques including therapeutic exercise, manual therapy and instrument assisted soft tissue mobilization to allow his patients to return to prior functional ability without deficits. Brian treats every patient with compassion and encouragement as he guides them through the rehabilitative process in a timely and productive manner. His goal at the completion of therapy is to ensure that every person takes with them life-long skills about injury prevention and self-care.

Education and Certifications

- **Master of Science – Physical Therapy**
Thomas Jefferson University - 2002
- **Bachelor of Science – Biology**
Richard Stockton College - 1998
- **Instrumented Assisted Soft Tissue Mobilization (IASTM)**
- **Vestibular Rehabilitation**

Brian's Vision... I am a strong proponent of patient education. Whether it is educating my patient on prevention, surgical protocols, disease process or reviewing the latest treatment techniques, I provide each individual with the tools they need to set them on the road to recovery.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Pre-and Post-Surgical Rehabilitation
- Total Joint Replacement Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injury Rehabilitation
- ACL/Rotator Cuff Repair Protocol
- Blood Flow Restriction Training
- Trained in the Utilization of McKenzie Technique
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Negative Pressure Soft Tissue Mobilization (Cupping)
- Myofascial Release
- Crutch Training/Gait Training/Balance Training
- Cervical/Lumbar Instability

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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