

## **CLINICAL PROFILE**

## Chioma Paul-Iloeje, PT, DPT



Chioma Paul-Iloeje is a dedicated professional who believes that individualism is the key to successful care, and that treatment should be focused on activities that are meaningful to her patients. To that end, Chioma establishes open communication and a team-based approach. She creates treatment plans that are realistic to her patient's needs and helps them to achieve real progress, promoting a sense of accomplishments. Chioma has notable success in treating a variety of orthopedic conditions and injuries both pre- and post-surgical. At the forefront of her practice, she seeks to empower each of her patients to take an active role in the success of their rehabilitation journey.

## **Education and Certifications**

- Doctor of Physical Therapy University of Michigan - 2021
- Master of Science Physiotherapy Glasgow Caledonian University 2014
- Bachelor of Physiotherapy University of Ibadan - 2010
- Continuing Education Clinical Overview & Approach into the Classification and Management of Patients with Cervical, Shoulder Pain; Balance Challenges – Progressive Dynamic Treatment Strategies; A Common Sense Approach to Evaluating Movement; Interventions for Older Adults Across the Continuum.

Chioma's Vision...My vision as a physical therapist is geared towards utilizing my skills to provide my patients with exceptional evidence-based care while ensuring an outstanding patient experience, and optimal clinical and functional outcomes.

## **Services Offered**

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Trained in the Utilization of McKenzie Techniques
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

Rothman Orthopaedic Institute Managed by NovaCare Rehabilitation CPaullloeje@novacare.com