

## CLINICAL PROFILE

## Christian Diaz, PT, DPT, OCS

### Years of Clinical Experience: 9



**Christian Diaz** is an accomplished member of the clinical team who has always been interested in health, sports and fitness. As an athlete who is currently an avid golfer and a former football and track athlete, Christian is an expert in assessing the pathology of sports injuries and adept at identifying training errors and correcting form to prevent further injury. He specializes in a wide array of musculoskeletal and post-operative conditions including total joint replacement, operative and non-operative treatment of shoulder and knee impairments, neck and low back pain as well as other sprains and strains. From the prime athlete striving to get back in the game to the senior citizen looking for vitality and mobility, Christian is passionate about getting each person back to their pre-injury level of function and is highly-skilled at helping patients achieve their goals.

### Education and Certifications

- **Doctor of Physical Therapy**  
*University of Central Florida - 2012*
- **Bachelor of Science – Health Science**  
*University of Central Florida - 2008*
- **Board Certified Orthopedic Clinical Specialist 2016**
- **Continuing Education** – Manual Therapy Upper & Lower Quarter; Runners Foot/Ankle Injuries; Lumbopelvic & SIJ Rehabilitation; Shoulder Complex; Attendee of the Philadelphia Sports Medicine Conference

**Christian's Vision...**As a physical therapist I help those who cannot help themselves and provide the quality of care that enables my patients to return to a personally accepted level of function that they have achieved while rehabilitating in the clinic.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

### Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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