

CLINICAL PROFILE

Christopher Kerr, PT, DPT



Chris Kerr believes that every patient has unique abilities and goals, requiring skilled, patient-centered treatment to assist them to return to their meaningful and valued activities. Seeing each person as more than just the diagnosis, Chris specializes in being an advocate and collaborator with all and is centered on creating innovative treatment plans that meet the desired goals. With evidence-based techniques, hands-on skills, and a supportive, patient-centered environment, Chris creates an optimal setting for patients to play an active role in their recovery and achieve a maximal level of mobility and function. Chris has notable success in the rehabilitation of low back pain, ACL/meniscus repair and a broad range of pre- and post-surgical shoulder conditions and injuries.

Christopher's Vision... My vision is to provide patient-centered care that makes a positive impact on the lives of each individual. Helping my patients achieve their goals gives me a sense of purpose. Through evidence-based practice and continual learning, I am committed to deliver the highest quality of care.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute & Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

Education and Certifications

- **Doctor of Physical Therapy**
Stockton University - 2023
- **Bachelor of Science – Global Fitness & Wellness**
Kean University - 2018

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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