

## CLINICAL PROFILE

## Craig Badura, MSPT

**Years of Clinical Experience: 37**



**Craig Badura** is a distinguished member of the clinical team who has committed himself to a lifetime of superior patient care with an envisioned quality of life for each individual. Knowledgeable and patient-centered, Craig focuses on the wants, needs and goals of each individual with treatment that is evidence-based and provides exceptional patient education on physical fitness and exercise to prevent re-injury. Craig especially enjoys working with musculoskeletal issues as well as gait/balance dysfunction. With his extensive roster of continuing education, Craig continually seeks to develop a more efficient avenue of treatment to influence superior patient outcomes. His dedication to this task is evidenced with every patient encounter.

### Education and Certifications

- **Masters of Science in of Physical Therapy**  
*New York Medical College*
- **Bachelor of Arts – Natural Sciences, Mathematics**  
*East Stroudsburg University - 1985*
- **Continuing Education** – Multiple Courses/Seminars in areas representing: Spine, sacroiliac and peripheral joints and pathologies; Biomechanical and evidence-based approaches to exercise and manual therapy; Geriatric strength training, balance, Pilates and T'aiChi; Taping, orthotics and ergonomics

**Craig's Vision...** I enjoy using my background in science and physics to examine the biomechanics of each individual patient in order to design a program tailored to their specific needs. I believe that every exercise needs to be utilized for a definite purpose and that teaching high-quality exercise is essential for patients to achieve their goals.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

### Rothman Orthopaedic Institute

**Managed by NovaCare Rehabilitation**

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