ROTHMAN
ORTHOPAEDICS

CLINICAL PROFILE   Daniel J. Adams, PT, DPT

Years of Clinical Experience: 16 years

Daniel Adams is a valued member of the clinical team who has always been interested in health, sports and fitness. As an athlete and former assistant track coach, Dan is proficient in assessing the pathology of sports injures and adept at identifying training errors and correcting form to prevent further injury. He specializes in post-operative musculoskeletal conditions, musculoskeletal disorders of the spine and benign paroxysmal positional vertigo. He is also proficient in return to sports protocols and is committed to giving clinical and service excellence to all his patients. From the prime athlete striving to get back in the game to the senior citizen looking for vitality and mobility, Dan's expertise is evident.

Education and Certifications

- **Doctor of Physical Therapy**
  Arcadia University - 2017
- **Master of Physical Therapy**
  University of Medicine and Dentistry of NJ - 2006
- **Continuing Education –** Return to Sport; The Management of Meniscal/Cartilagenous and Massive Rotator Cuff Tears; Manual Treatment of the Post-Operative Contracted Knee

Dan's Vision…As a physical therapist I help those who cannot help themselves and provide the quality of care that enables my patients to return to a personally accepted level of function that they have achieved while rehabilitating in the clinic.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

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