

## CLINICAL PROFILE

## Daniel S. Balis, PT, DPT



**Daniel Balis** is a valued member of the clinical team who has always been interested in health, sports and fitness. He is skilled in the treatment of an array of post-surgical and non-surgical conditions with particular interest in the management of individuals with shoulder, knee, and foot/ankle pathologies across the lifespan. Daniel has significant experience in the rehabilitation of individuals following joint replacement and has notable success in the treatment of patients with balance and gait difficulties. At the forefront of his practice, Daniel is skilled in creating innovative programs for every patient that challenge, strengthen and restore, while empowering them to take an active role in the success of their rehabilitation journey.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Drexel University - 2022*
- **Bachelor of Arts - Psychology**  
*Arcadia University - 2019*
- **Continuing Education** – ACL Reconstruction Rehabilitation – Beyond the Protocol; The Athlete Movement System – Tennis Biomechanics and Treatment; BBPV Pathophysiology and Differential Diagnosis of Positional Vertigo; The Painful Shoulder – Complex and Complicated



**Daniel's Vision...**As a physical therapist I strive to provide high-quality, evidence-based, and individualized care with an active treatment approach that educates and empowers patient to attain their personal goals.

### Services Offered

- Spinal Rehabilitation
- Hand Therapy
- Functional Movement Screening
- Return to Play Assessment
- Blood Flow Restriction Therapy (BFR)
- Sports Injury
- Work Injury Rehabilitation and Conditioning
- Orthopedic Therapy
- Pre-Operative and Post-Operative Rehabilitation
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Gait and Balance Training

### Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

3300 Tillman Drive  
Bensalem, PA 19020

Office: 215-642-6936

Fax: 215-642-3587

[dbalis@novacare.com](mailto:dbalis@novacare.com)