

CLINICAL PROFILE

Danielle D'Onofrio, PT, DPT

Years of Clinical Experience: 5



Danielle D'Onofrio is an accomplished clinician in the outpatient setting who enjoys treating the full spectrum of orthopedic and sports related injuries. Danielle strives to provide a standard of care above and beyond traditional practice, and she does just that with noted success in the rehabilitation of rotator cuff repair, ACL sprain and reconstruction, meniscus repair, shoulder/hip labral repair, spinal fusion and decompression, concussion and scoliosis. In addition, she is skilled in the application of return to play sports testing. Danielle's focus is on promoting healing and general wellness with all her patients through personalized, evidence-based treatments and creating an enjoyable and productive therapy session each visit.

Education and Certifications

- Doctor of Physical Therapy University of Delaware - 2016
- Bachelor of Science Rehabilitation Science University of Pittsburgh - 2013
- Continuing Education Myofascial Decompression; Blood Flow Restriction Training; Evaluation Techniques of the Cervical Spine



Danielle's Vision...As a physical therapist my goal is to improve the quality of life and independence of as many people as possible in the least invasive way.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

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