

## CLINICAL PROFILE

## Donna Brittain, PTA



**Donna Brittain** is a clinical veteran with more than 30 years of exceptional patient care to her credit. As an integral member of the team, Donna works closely with the physical therapists to form a dynamic therapist-assistant team that provides exceptional care for each individual. Working side-by-side with other professionals she particularly enjoys treating pre and post-surgical orthopedic pathologies. On a daily basis, Donna is committed to providing a high-level of patient care as she utilizes her knowledge and skills to create an outstanding rehabilitative experience for all.

### Education and Certifications

- **Bachelor of Science – Biology/Gerontology**  
*Stockton University - 2012*
- **Associate of Science**  
*Atlantic County Community College -1991*
- **Continuing Education** – Instrument Assisted Soft Tissue Mobilization and Kinesiotherapy Taping; Ultimate Return to Sport – A Multidisciplinary Team Approach; Management of the Meniscal and Cartilaginous Injury and Massive Rotator Cuff Tears; Manual Treatment of the Post-Operative Contracted Knee

**Donna's Vision...**As a Physical Therapist Assistant my personal vision is to provide individualized and highest quality of care for each of our patients.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- McKenzie Certified
- Assistive Device Training

**Rothman Orthopaedic Institute**  
Managed by NovaCare Rehabilitation  
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