

## CLINICAL PROFILE

**Edward J. Kinsella, PT, DPT, Cert. MDT**



**Edward Kinsella** is an accomplished member of the clinical team with more than 18 years of rehabilitation expertise to his credit. While Ed treats a myriad of orthopedic injuries and conditions, he specializes in the comprehensive evaluation and rehabilitation of all musculoskeletal injuries. On a daily basis, Ed is focused on helping each of his patients understand the reasons why they became injured and how their actions can either correct or perpetuate the issues causing their dysfunction. He is passionate about getting each person back to their pre-injury level of function and is highly-skilled at helping patients achieve their goals.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Neumann University - 2008*
- **Associates Degree in Applied Sciences – Physical Therapist Assistant**  
*Mercer County Community College - 2004*
- **Bachelors Degree – Liberal Arts**  
*University of Delaware - 2002*
- **Certified Therapist – McKenzie Method of Mechanical Diagnosis and Therapy - 2014**
- **Continuing Education** – Instrument Assisted Soft Tissue Mobilization; Basic and Performance Kinesiology Taping – Certified; McKenzie Institute Part A through D; CrossFit's Fundamental Movement and Methodology

**Ed's Vision...** My vision as a physical therapist is to provide quality care to my patients in a manner that is professional, friendly and enjoyable for everyone involved.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- MACI Trained
- Blood Flow Restriction
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

**Rothman Orthopaedic Institute**  
Managed by NovaCare Rehabilitation  
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