

## CLINICAL PROFILE

## Ethan Gonzales PT, DPT



**Ethan Gonzales** is a dedicated professional with a passion for excellence in patient care. From the moment a patient comes through the door, he is fully engaged in creating an outstanding rehabilitative experience. Ethan's goal is to empower each person to reclaim their physical potential and enhance their quality of life through personalized, evidence-based care. He is committed to fostering a compassionate and fun, supportive environment where patients feel heard, respected, and motivated to achieve their health goals. Ethan has notable success in post-operative, chronic and acute conditions ranging from pediatrics, to athletes as well as geriatric patients. He is experienced in injury prevention, maintenance and manual therapy techniques.

### Education and Certifications

- **Doctor of Physical Therapy**  
*University of St. Augustine for Health Sciences 2023*
- **Bachelor of Science – Kinesiology**  
*Temple University - 2020*

**Ethan's Vision...** I aim to contribute to the evolution of rehabilitation practices and inspire confidence and resilience in every person I treat. My ultimate goal is to be a catalyst for positive change, facilitating healing and promoting wellness in the communities I serve.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries/Return to Play
- ACL Program
- Gait Training/Crutch Training/Balance Training
- Trained in the Utilization of McKenzie Technique
- Rotator Cuff Repair Protocol
- Negative Pressure Soft Tissue Mobilization (Cupping)
- Myofascial Release
- Total Joint Replacement Rehabilitation
- Blood Flow Restriction Training
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Pre/Post-Operative Care
- Kinesiotherapy Taping

**Rothman Orthopaedic Institute**  
Managed by NovaCare Rehabilitation  
[EtGonzales@novacare.com](mailto:EtGonzales@novacare.com)