

## CLINICAL PROFILE

## Gina Guharoy-Raval, MPT



**Gina Raval** is an accomplished clinician in the outpatient setting who enjoys the challenges of treating a diverse patient population. From the prime athlete striving to get back in the game to the senior citizen looking for vitality and mobility, her expertise is evident. As an integral member of the Rothman team she provides clinical excellence and compassionate care while creating a healing, nurturing environment. Gina places a strong emphasis on continuing education and has attended many educational courses to further her knowledge in the treatment of orthopedic conditions. Gina has notable success in the rehabilitation of general orthopedics, post-surgical conditions and sports related injuries. She is a specialist in assessing athletes implementing Rothman physician designed protocol for return to sports.

### Education and Certifications

- **Master's degree – Physical Therapy**  
*Thomas Jefferson University - 2006*
- **Bachelor of Science**  
*Rutgers University - 2002*

**Continuing Education** – Instrument Assisted Soft Tissue Mobilization; Advanced Treatment of the Lower Quarter in Runners; Manual Therapy and Exercise for Cervical and Upper Thoracic Disorders; Mechanisms of Manual Therapy – Regional Interdependence and Clinical Implications

**Gina's Vision...**As a physical therapist I am committed to providing exceptional clinical care for all of my patients. With every session I strive to provide every person with a positive experience while assisting them to attain their goals.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries/Return to Play
- ACL Program
- Gait Training/Crutch Training/Balance Training
- Trained in the Utilization of McKenzie Technique
- Rotator Cuff Repair Protocol
- Negative Pressure Soft Tissue Mobilization (Cupping)
- Myofascial Release
- Total Joint Replacement Rehabilitation
- Blood Flow Restriction Training
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Pre/Post-Operative Care
- Kinesiotherapy Taping

**Rothman Orthopaedic Institute**  
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