

CLINICAL PROFILE

Isaac Rosario Martinez, PTA



Isaac Rosario Martinez is a clinical veteran with a career spanning more than 25 years. Working alongside other professionals, Isaac is proficient in the treatment of a wide range of orthopedic and sports related injuries and conditions as well as neurological and vestibular issues. A dedicated professional, his ultimate goal is to provide all of his patients with the tools needed to achieve their physical therapy goals and participate in healthy movement patterns throughout their lifespan. Isaac places a strong emphasis on patient communication and education and believes that knowledge of the condition, open communication, and a shared dedication toward the patient's goals create the most success. His commitment to clinical excellence is evidenced with every patient encounter.

Education and Certifications

- **Associates Degree – Physical Therapist Assistant**
University of Puerto Rico - 1992
- **Bachelor of Science – General Biology**
Jersey City University
- **Certified Strength and Conditioning Specialist – Currently In Training**
- **Continuing Education** – Advanced Instrument Assisted & Joint Mobilization of the Upper Quarter; Work Conditioning of the Industrial Athlete; Functional Capacity Evaluations; Vestibular Rehabilitation & Treatment; BPPV and Balance Treatment

Isaac's Vision... I want to make a difference in my patient's lives by providing them the education and awareness of their condition so we can work together on improving through physical therapy. I am fully committed to work as hard as I can to ensure I am helping my patients reach their individual goals through evidence-based practice, as well as empowering them to continue being active long after their learning experience in therapy.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Pre-and Post-Surgical Rehabilitation
- Total Joint Replacement Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injury Rehabilitation
- ACL/Rotator Cuff Repair Protocol
- Blood Flow Restriction Training
- Trained in the Utilization of McKenzie Technique
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Negative Pressure Soft Tissue Mobilization (Cupping)
- Myofascial Release
- Crutch Training/Gait Training/Balance Training
- Cervical/Lumbar Instability

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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