

CLINICAL PROFILE

Jennifer Donovan, PTA



Jennifer Donovan is passionate about patient care for each and every person who comes through the door. Having over four years of clinical experience in skilled nursing and subacute rehabilitation settings has given Jennifer a complete picture of our patients and how their specific injury affects their daily lives. It is with this knowledge that Jennifer is focused on patient education for injury prevention and safety. Working side-by-side with other professionals, she has notable success in the treatment of lower quarter injuries, amputees, Parkinson's disease and the geriatric population.

Education and Certifications

- **Bachelor of Arts**
West Virginia University - 2008
- **Associate of Science – Physical Therapist Assistant**
Harcum College - 2018
- **Fall Prevention Specialist – 2021**
- **Geriatric Specialization - 2021**
- **Continuing Education** – Evidence Based Manual Therapy Techniques; A Rehabilitation Professionals Guide to Pharmacology; How Classes of Medications Impact Falls

Jennifer's Vision... My focus is truly on home and job safety and the prevention of falls. I really enjoy watching my patients progress and get back to "normal" and knowing they are safer makes me happy.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- MACI Trained
- Blood Flow Restriction
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assisted Device Training

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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