

CLINICAL PROFILE

John M. Kuhn, PTA

Years of Clinical Experience: 20



John Kuhn brings more than 20 years of exceptional clinical experience as a physical therapist assistant to Rothman Orthopaedics. While skilled in treating a wide range of diagnoses within the orthopedic setting, the first eight years of his career were spent within an orthopedic industrial rehabilitation setting. In that environment, John gained valuable insight and expertise into workplace ergonomics and injuries as well as helping those injured on the job to successfully return to work. Among his many accomplishments in the field, John is a certified specialist in both ergonomics and functional assessment. He is also an APTA certified Clinical Education Instructor who was awarded the "Certificate of Recognition for Advanced Proficiency for the Physical Therapist Assistant: Musculoskeletal" from the American Physical Therapy Association.

Education and Certifications

- **Associate's degree – Physical Therapist Assistant**
Northern Virginia Community College - 1999
- **Bachelor degree**
Marymount University - 1997
- **Certified Clinical Education Instructor**
- **Continuing Education** – Instrument Assisted Soft Tissue Mobilization; Myofascial Decompression; Blood Flow Restriction Training

John's Vision... I am a strong advocate for youth sports, and have remained active in our community since moving here in 2007. I have served as a coach, club treasurer, and a president for a local township lacrosse club, and I am currently an assistant coach for boy's lacrosse at North Penn High School.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Myofascial Decompression
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

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Managed by NovaCare Rehabilitation

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