

CLINICAL PROFILE

Katie Thompson, PT, DPT, OCS



Katie Thompson is a valued member of the clinical team who has noteworthy success in the treatment of athletes and sports related injuries as well as a wide variety of post-surgical and non-surgical cases across all joints of the body. Seeing each person as more than just the diagnosis, Katie specializes in being an advocate and collaborator with all and is devoted to finding the “just right fit” while creating innovative treatment plans that meet the desired goals. With a focus on clinical excellence, she also frequently attends seminars and participates in classes to expand her knowledge of current practices being utilized in the medical community.

Education and Certifications

- **Doctor of Physical Therapy**
Nova Southeastern University - 2015
- **Bachelor of Arts – Health Sciences**
Gettysburg College - 2011
- **Board Certified Orthopedic Clinical Specialist**
- **Continuing Education** – Instrument Assisted Soft Tissue Mobilization and Kinesiology Taping; The Ultimate Return to Sport – A Multidisciplinary Team Approach; Movement Systems of the Lumbar Spine; Clinical Decision Making – Understanding Patient Expectations and Perceptions

Katie’s Vision...My personal vision is to provide the highest quality of care for patients presenting with musculoskeletal conditions. This is provided through lifelong learning with continuing education, staying up to date with current research reports and active listening through patient evaluations. Together with the patient, we will create a plan to most effectively assist that individual to achieve their goals.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- McKenzie Certified
- Assistive Device Training

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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