

CLINICAL PROFILE

Mary Kulakowski, PT, MBA, OCS

Years of Clinical Experience: 30+



Mary Kulakowski is a distinguished member of the clinical team who has committed herself to a lifetime of superior patient care with an envisioned quality of life for all her patients. She is proficient in the treatment of a myriad of orthopedic injuries and conditions and highly skilled in manual therapy including IASTM and myofascial release. Mary is also a certified ReVital therapist. As a dedicated professional, Mary is a clinical instructor who has presented innovative in-services where she garnered multiple commendations for excellence. Over the span of her more than 30-year career, Mary has touched countless lives with focused, compassionate care and a skillful hand guiding her patients to a successful recovery. Her commitment to clinical excellence is evidenced each day.

Education and Certifications

- **Bachelor of Health Sciences**
Northwestern University Medical School - 1985
- **MBA in Statistics**
Baruch College – 2002
- **Orthopedic Clinical Specialist – 2016**
- **Continuing Education** – Differential Diagnosis Through Subjective History – The Lower Quarter; Rotator Cuff Tendinopathy/Subacromial Pain Syndrome; Labrum & Adhesive Capsulitis; Osteoarthritis – Where Do We Stand; Movement System Impairment Syndromes of the Lumbar Spine

Mary's Vision...As a physical therapist, the most important aspect of patient care is truly listening to your patients --- it is what guides you in developing the most successful treatment plan.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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