

## CLINICAL PROFILE

## Matthew Santoro, PT, DPT



**Matthew Santoro** is a dedicated professional with a focus on clinical and service excellence for each of his patients. His treatment philosophy centers on the concept of regional interdependence and identifying a patient's source of limitation, rather than only treating their current symptoms. Matthew believes in using the Selective Functional Movement Assessment and Functional Movement Screen as the basis for uncovering limitations in movement patterns. He then integrates those findings with local examinations to have the greatest impact on his patient's function each session. Matthew has notable success in the rehabilitation of glenohumeral impingement as well as meniscus tears both pre and post-operative. He is likewise skilled in the treatment of mechanical knee and neck pain.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Rutgers University - 2016*
- **Bachelor of Science – Biology**  
*Richard Stockton College - 2013*
- **Continuing Education** – Titleist Performance Institute Medical Level 2; SMT-1 High Velocity Low-Amplitude Thrust Manipulation of the Cervical, Thoracic, Lumbar, SI Joint; Treatment of the Runner; Selective Functional Movement Assessment

**Matthew's Vision...** While I treat a diverse patient population, my focus and training centers around rotational athletes, specifically golfers, supervising not only their return to sport, but also performance optimization through fitness and nutrition.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- MACI Trained
- Blood Flow Restriction
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

**Rothman Orthopaedic Institute**  
Managed by NovaCare Rehabilitation  
[msantoro@novacare.com](mailto:msantoro@novacare.com)