

## CLINICAL PROFILE

## Maureen C. Royds, PT, DPT

**Years of Clinical Experience: 23**



**Maureen Royds** is a dedicated professional with a passion for excellence in patient care who has extensive experience treating patients across the lifespan and across various settings. She is also passionate about sports and fitness and is a former college athlete and youth coach who is a distance runner that has completed in various local events including the Philly distance run, Philly half-marathon and Broad Street run. Maureen is an expert in treating a wide array of conditions including, but not limited to total knee replacement, rotator cuff repair/impairment, low back pain, sprains/strains and soft tissue injuries from fracture and surgery, including ACL injury/reconstruction. With genuine concern, patient-therapist trust building and comprehensive patient education, Maureen ensures clinical excellence. Improving the quality of life and functional mobility are at the forefront of her practice for each of her patients.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Temple University - 2003*
- **Master of Business Administration**  
*LaSalle University - 1994*
- **Bachelor of Science – Biology**  
*LaSalle University - 1987*
- **Continuing Education** – Diagnosis and Treatment of Foot & Ankle Injuries in Athletes; ACL Rehabilitation for Athletes and The Rest of Us; Rehabilitation for Post-Surgical Patient – Spine; Post-Surgical Rehabilitation of Knee & Shoulder



**Maureen's Vision...**As a physical therapist I seek to provide the most effective and clinically superior physical therapy possible. I promote healing and recovery while educating my patients to navigate the healing process and restore functional mobility to its optimum.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

### Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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