

## **CLINICAL PROFILE**

# Melia Gross, PT, DPT

**Years of Clinical Experience: 3** 



**Melia Gross** is a valued member of the clinical team who has noteworthy success in the treatment of pre and post-op joint replacement, ACL reconstruction, rotator cuff tendonitis and repair, Achilles tendonitis, and hamstring strain. She is also skilled in the evaluation and rehabilitation of pediatric and adolescent patients. Melia is patient-focused and eager to build on and share her clinical knowledge with her patients as well as to provide them with the power and confidence to live happier and healthier lives. Her competence and enthusiasm is evidenced each day in the one-on-one compassionate care she gives to every patient utilizing her education and clinical proficiency.

#### **Education and Certifications**

- Doctor of Physical Therapy New York Medical College - 2018
- Bachelor of Science Kinesiology University of Wisconsin - 2014
- Continuing Education Assessing Pediatric and Adolescent Patients; Femoroacetabular Impingement Syndrome – An Update for Clinicians; Management and Treatment of Hip Injuries



Melia's Vision...As a physical therapist I want my sessions to be practical, applicable and personalized to each of my patients for optimal recovery.

### **Services Offered**

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction Return to Play Testing
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

## **Rothman Orthopaedic Institute**

Managed by NovaCare Rehabilitation

Doylestown Hospital Campus 593 West State Street Ambulatory Center Building, 2<sup>nd</sup> Floor Doylestown, PA 18901

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