

CLINICAL PROFILE

Nathan Johnson, PT, MPT, OCS

Years of Clinical Experience: 17



Nathan Johnson is the center manager and an accomplished member of the clinical team with more than 17 years of rehabilitation expertise to his credit. While Nathan treats a wide array of orthopedic injuries and conditions, he specializes in the rehabilitation of post-surgical orthopedics and chronic pain. To the great benefit of his patients, Nathan is proficient in many physical therapy techniques including therapeutic exercise, and manual therapy, manipulation and muscle energy techniques. Utilizing these methods, he is highly-skilled in decreasing pain and improving tolerance to activities of daily living. Postural instruction is a mainstay of Nathan's treatments to improve appropriate muscle recruitment, walking mechanics and the ability to prevent future musculoskeletal issues. His goal at the completion of therapy is to ensure that every person takes with them life-long skills about injury prevention and self-care.

Education and Certifications

- **Masters of Physical Therapy**
Bradley University - 2004
- **Bachelor of Science**
Bradley University - 2002
- **Orthopedic Manual Therapist – 2007**
- **Certified Clinical Instructor**
- **Continuing Education** – High-Velocity Low-Amplitude Thrust Manipulation of the Spine, Pelvis, and Thorax; Muscle Energy Techniques for the Lumbopelvic Spine; Evidence Based Examination & Intervention Strategies for Patients with Cervical Dysfunction...and more...



Nathan's Vision...As a physical therapist, I enjoy treating all areas of the body, but I have focused on chronic spinal conditions as this can be difficult to unlock for patients, but very rewarding when the patient becomes pain free.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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