

CLINICAL PROFILE

Years of Clinical Experience: 2



Nicole Sagl a valued member of the clinical team who has distinguished herself as a compassionate, caring professional. From treating ACL repair, low back and cervical pain, total knee arthroplasties, and rotator cuff injures to concussion and vestibular rehabilitation, her proficiency is evident. On a daily basis, Nicole prides herself on developing an excellent rapport and level of trust with every person from the first visit. Her focus is on providing the best clinical care possible for her patients so they not only have achieved their goals, but have also learned the skills to continue improving their quality of life going forward.

Education and Certifications

- Doctor of Physical Therapy Widener University - 2021
- Bachelor of Arts Biology University of Kentucky - 2018
- **Continuing Education** Comprehensive Concussion Training



Nicole Sagl, PT, DPT

Nicole's Vision...My personal philosophy for treating patients is to involve them in their personal journey with education, support, and clinical expertise every step of the way. My greatest reward and motivation is to return each of my patients to the activities they love, with goals achieved.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

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