

CLINICAL PROFILE

Patricia “Trish” McGuffin, MPT

Years of Clinical Experience: 22



Patricia McGuffin is a clinical veteran with more than 22 years of exceptional patient care to her credit. She has an extensive knowledge of all aspects of screening, evaluation and treatment of athletic, degenerative, and post-operative orthopedic conditions of shoulder, spine and lower extremities. Trish has gained a wealth of knowledge from continuing education and advanced training in a variety of manual and rehabilitative treatments. On a daily basis, Trish collaborates with each individual during their therapy sessions, and is accomplished in creating innovative programs for each patient that challenge, strengthen, and restore. Her hallmark is thorough and compassionate care where the therapist-patient connection is a priority and trust and a successful recovery go hand-in-hand.

Education and Certifications

- **Master of Physical Therapy**
Duquesne University - 2000
- **Continuing Education** – Instrument Assisted Soft Tissue Mobilization and Mechanical Percussion Massage; Novel Programming and Early Return to Sport Exposure Following ACL Reconstruction; Rotator Cuff Lesions – Conservative and Post-Operative Treatment; Comprehensive Care of the Hip



Trish’s Vision...My personal vision as a physical therapist is to treat patients the way I would want to be treated and to provide effective, quality care and education to enable them to live their best lives possible. I hope to provide patients with the tools to enable them to return to their desired level of function in their daily lives, recreationally and athletically.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Treatment of Acute/Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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