

## CLINICAL PROFILE

## Rebecca McKenna, PT, DPT



**Rebecca McKenna** is proficient in the treatment of patients with orthopedic conditions both non-surgical and surgical, as well as those having vestibular diagnoses and balance disorders. With a compassionate and attentive touch, Rebecca is devoted to the highest level of patient care as she works side-by-side with each individual to achieve their rehabilitation goals. Her greatest reward comes with the successful discharge of each patient, knowing they are returning to the activities they love.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Stockton University - 2009*
- **Master's of Physical Therapy**  
*Stockton University - 2005*
- **Certified Kinesio Taping Practitioner - 2016**
- **Certified – Instrument Assisted Soft Tissue Mobilization - 2013**
- **Continuing Education** – Foot & Ankle in the Adolescent Athlete; ACSM Guidelines for Exercise for Special Populations; The Function Anatomy Series – Quadratus Lumborum; Management & Treatment of Concussions

**Rebecca's Vision...**My personal vision is to treat each patient with compassion and kindness. I work with each patient to develop a personalized treatment plan, and utilize my clinical skills to help them achieve their goals and maximize their functional independence.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability

**Rothman Orthopaedic Institute**  
Managed by NovaCare Rehabilitation  
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