

CLINICAL PROFILE

Reynaldo V. Estuesta, PT, DPT



Reynaldo Estuesta has distinguished himself in the field of physical therapy in both exceptional rehabilitation and administration. A clinical veteran with a career spanning more than 32 years, Reynaldo's expertise includes the treatment of a wide range of orthopedic conditions and injuries both pre- and post-surgical, neurological conditions, pediatric rehabilitation, and all manner of sports and work related injuries. He likewise specializes in the treatment of medically complex patients. Reynaldo believes that each person deserves the best care he can provide and he delivers just that with expert and focused attention which assures his patient's recuperation and return to activity. His commitment to clinical excellence is evidenced with each patient encounter.

Education and Certifications

- **Doctor of Physical Therapy**
University of Montana - 2014
- **Bachelor of Science – Physical Therapy**
Virgen Milagrosa University Foundation - 1992
- **Continuing Education** – Balance Re-Trainer Course; Vestibular Rehabilitation Certification; Functional Movement Technique Certification K-Taping; Soft Tissue Manual Tool Certification.

Reynaldo's Vision...My goal is to build a trusting relationship with every person I treat and tailor an evidence-based plan of care that will help them to achieve their goals. When I treat a patient, I treat them as a family member, listening carefully and addressing all their concerns to ultimately improve their functional abilities while reducing their pain.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- McKenzie Certified
- Assistive Device Training

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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