

CLINICAL PROFILE

Robert Mikvy Jr., MSPT



Robert Mikvy is a clinical veteran with more than 27 years of exceptional patient care to his credit. Rob began his career at Temple University Hospital where he rounded on all services ranging from general service to transplant team, orthopedics and cardiopulmonary patients. He also participated in the education of the physical therapy students at Temple Physical Therapy School. In the past 23 years, Rob has excelled in the outpatient physical therapy setting where he is an expert in the evaluation and rehabilitation of a plethora of diagnoses from post-operative, to acute and chronic pathologies.

Education and Certifications

- **Master of Science - Physical Therapy**
Thomas Jefferson University - 1993
- **Bachelor of Science – Exercise Physiology**
Temple University/Thomas Jefferson University - 1998
- **Continuing Education** – Comprehensive Concussion Management; ACL Injury in the Athlete – Prevention, Surgical Management, Rehabilitation and Return to Play; The Female Athlete Triad and Stress Fractures; Blood Flow Restriction Training – What is it?; 25th Annual Sports Medicine Symposium - Extremities

Rob's Vision... I am fully engaged in educating my patients on their condition and I treat all with a proactive and pro-health manual therapy based approach focused on a lifetime of health and functional participation throughout a lifespan.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries/Return to Play
- ACL Program
- Gait Training/Crutch Training/Balance Training
- Trained in the Utilization of McKenzie Technique
- Rotator Cuff Repair Protocol
- Negative Pressure Soft Tissue Mobilization (Cupping)
- Myofascial Release
- Total Joint Replacement Rehabilitation
- Blood Flow Restriction Training
- Instrument Assisted Soft Tissue Mobilization (IASTM)
- Pre/Post-Operative Care
- Kinesiotherapy Taping

Rothman Orthopaedic Institute
Managed by NovaCare Rehabilitation
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