

## CLINICAL PROFILE

## Robert Piccarillo, PT, DPT



**Robert Piccarillo** is an accomplished member of the clinical team with more than 20+ years of rehabilitation expertise to his credit. While Rob treats a myriad of orthopedic injuries and conditions both pre and post-surgical, he specializes in the injured athlete with a particular interest in soccer, tennis, dance and running with pathologies of the knee, shoulder and hip. He is likewise proficient in return to play protocols. On a daily basis Rob is focused on helping each of his patients understand the reasons why they became injured and how their actions can either correct or perpetuate the issues causing their dysfunction. He is passionate about getting each person back to their pre-injury level of function and is highly-skilled at helping patients achieve their goals.

### Education and Certifications

- **Doctor of Physical Therapy**  
*New York University - 2002*
- **Continuing Education** – Advanced Shoulder and Knee; Pathomechanics of the Knee and Return to Play Criteria; HSS Soccer Symposium; HSS Sports Medicine Symposium

**Rob's Vision...**It is my goal to implement more return to play protocols into all my therapy programs with continued research and improved return to play criteria.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- McKenzie Technique Certified
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability

**Rothman Orthopaedic Institute**  
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