

CLINICAL PROFILE

Sean Deacon, MPT, Center Manager



Sean Deacon is an accomplished member of the clinical team with more than 20 years of rehabilitation expertise to his credit. While Sean treats a myriad of orthopedic injuries and conditions, he specializes in the rehabilitation of orthopedic surgeries including but not limited to ACL, rotator cuff repair, total joint arthroplasty of the knee/shoulder/ankle/hip, and neurological conditions of the neck and low back. On a daily basis, Sean is focused on helping each of his patients understand the reasons why they became injured and how their actions can either correct or perpetuate the issues causing their dysfunction. He is passionate about getting each person back to their pre-injury level of function and is highly-skilled at helping patients achieve their goals.

Education and Certifications

- Masters of Physical Therapy UMDNJ/Rutgers University - 2002
- Bachelor of Science Kinesiology/Athletic Training San Diego State University - 1999
- Certified Instrument Assisted Soft Tissue Mobilization
- **Continuing Education** Advanced Exercise Prescription and Advanced Knee, Shoulder and Ankle Rehabilitation; Management of Lumbopelvic Spine Disorders

Sean's Vision...I individualize each patient's program based on their wants and needs. I try to meet and exceed those expectations using evidencebased therapeutic exercise prescription resulting in positive functional outcomes.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic
 Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Trained in the Utilization of McKenzie Technique
- Vestibular/Balance Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- Assistive Device Training

Rothman Orthopaedic Institute Managed by NovaCare Rehabilitation sdeacon@novacare.com