

CLINICAL PROFILE

Tara Rodgers, PT, DPT

Years of Clinical Experience: 4



Tara Rodgers is a valued member of the clinical team whose goal is to provide a compassionate and informative environment for all patients to best collaborate with them in reaching their rehabilitation goals. Tara has notable success in the evaluation and treatment of a broad base of orthopedic conditions both pre- and post-operative, ranging from cervical, shoulder, back, hip, knee and ankle. Tara believes that each patient deserves the best possible care and she delivers just that with her expertise and focused attention, which assures the patient's recuperation and return to activity.

Education and Certifications

- **Doctor of Physical Therapy**
Thomas Jefferson University - 2018
- **Bachelor of Science**
Immaculata University - 2016
- **Continuing Education** – Blood Flow Restriction – Evidence & Principles of Application; Movement Guided Lower Kinetic Chain Rehabilitation; Management of Tendinopathy; Philadelphia Sports Medicine Conference

Tara's Vision...As a physical therapist, my goal is to use my clinical skills and expertise to improve the function and lives of my patients with empathy and a positive environment.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

510 E. Township Line Road
Blue Bell, PA 19422

Office: 484-370-3810

Fax: 215-540-2689

TarRodgers@novacare.com

