

CLINICAL PROFILE

Terri Jones, PTA, ATC

Years of Clinical Experience: 26



Terri Jones is a valued member of the clinical team who has always been interested in health, sports and fitness. She is a swimmer and runner who has competed in triathlons, marathons and an ultramarathon. As an athlete and Certified Athletic Trainer, Terri is knowledgeable in the pathology of sports injuries and adept at identifying training errors and correcting form to prevent further injury. She specializes in post-operative musculoskeletal conditions, specifically ACL reconstruction, total knee arthroplasty, and rotator cuff repair. She is also proficient in return to sports protocols and is committed to giving clinical and service excellence to all her patients. Terri's focus is to return each of her patients to all of their pre-injury function and to provide them with the education and knowledge to prevent any future reoccurrences of their injuries. From the prime athlete striving to get back in the game to the senior citizen looking for vitality and mobility, Terri's expertise is evident.

Education and Certifications

- **Associate of Applied Science**
Lehigh Carbon Community College - 1998
- **Bachelor of Science – Exercise Science**
The Pennsylvania State University - 1994
- **Certified Athletic Trainer**
- **Functional Movement System Certified, 1 & 2**
- **Continuing Education – Osteoporosis – A Comprehensive Treatment Strategy; MT-1: Basic Peripheral MT-2: Basic Spinal; Instrument Assisted Soft Tissue Mobilization**



Terri's Vision...As a Physical Therapist Assistant I strive to empower and educate patients to get the most out of their rehab to live their best life and prevent any further injury.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute & Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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