

## CLINICAL PROFILE

**Thomas J. Woods, PT, DPT, Cert. MDT**



**Thomas Woods** is an accomplished member of the clinical team with more than 21 years of rehabilitation expertise to his credit. Tom enjoys developing an excellent rapport and level of trust with every person from the first visit. He encourages constant feedback from his patients in order to develop the individualized treatment plan that will ensure the best outcome toward their personal therapy goals. Tom's focus is to return each of his patients to all of their pre-injury function and to provide them with the education and knowledge to prevent any future reoccurrences of their injuries.

### Education and Certifications

- **Doctor of Physical Therapy**  
*D'Youville College - 2009*
- **Bachelor of Science/Master of Science**  
*D'Youville College - 2001*
- **Certified in Mechanical Diagnosis and Therapy by the McKenzie Institute - 2006**
- **Continuing Education** – Instrument Assisted Soft Tissue Mobilization; Functional Capacity Evaluation; Mechanical Diagnosis and Therapy A, B, C, D, E, Clinical Skills Update; Current Concepts in evaluation and Treatment of the Lumbopelvic Spine

**Tom's Vision...**My vision as a physical therapist is to establish a professional relationship with each patient while providing high quality care. This is fostered through open communication, patient education and by applying the skills and knowledge that have been obtained through formal education, evidence based practice and clinical experience.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- McKenzie Certified
- Assistive Device Training

**Rothman Orthopaedic Institute**  
**Managed by NovaCare Rehabilitation**  
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