

CLINICAL PROFILE

Valerie A. Smith, PT, DPT

Years of Clinical Experience: 7



Valerie Smith has a passion for her profession that encompasses every aspect of her treatment style. Val is skilled in the rehabilitation of a wide array of both non-operative and operative conditions including joint replacement, rotator cuff injuries/repairs, sports injuries, non-operative/post-operative treatment of low back and neck pain, osteoarthritis and general musculoskeletal pathologies. Always patient-focused, Val is eager to build on and share her clinical knowledge with her patients as well as to provide them with the power and confidence to live happier healthier lives. Her competence and enthusiasm is evidenced each day in the one-on-one compassionate care she gives to every patient utilizing her education and clinical proficiency.

Education and Certifications

- **Doctor of Physical Therapy**
The University of the Sciences - 2018
- **Bachelor of Health Sciences**
The University of the Sciences - 2016
- **Continuing Education** – McKenzie Part A Certified - Lumbar Spine of Mechanical Diagnosis; Rotator Cuff Lesions – Conservative and Post-Operative Treatment; Mastering the Knee; ACL Return to Play – When is the Athlete Ready & Managing End Stage Rehabilitation

Val's Vision...As a physical therapist my personal vision is to continue developing and diversifying my clinical and professional skills in order to achieve positive outcomes and assist my patients in achieving their goals.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- ACL Reconstruction – Return to Play Testing
- Blood Flow Restriction Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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